

Sustainable Manifestos

Task 1

Look at the seven ways below that you can help to protect the ocean. For each thing listed, write down an action that you can achieve in your daily life.

1. Avoid single-use plastics!
(e.g. water bottles, take-out packaging, straws, plastic bags)

ACTION _____

2. Reduce, reuse and recycle

ACTION _____

3. Eat sustainable fish and seafood (check the label!)

ACTION _____

4. Reduce your carbon footprint

ACTION _____

5. Be respectful of marine wildlife and habitats

ACTION _____

6. Volunteer at a local beach clean-up or fundraising event!

ACTION _____

7. Join an organisation that is committed to conserving the ocean and its creatures, for example the SEA LIFE Trust.

ACTION _____

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Task 2

Make a Sustainable Manifesto for your class. What can you do together to help protect the Ocean – even if you live far away from it?

Think about: what actions you want to prioritise and the impact these actions will have.

What challenges do you think you'll be met with as you try to create your own Sustainable Manifesto? Why? Why might it be hard to stick to some of the action points that you come up with?

Action	Impact	Challenge

